



**Locations Offering Women's Health:**

- BELLEVUE - P: 425.454.1405 | F: 425.635.9340
- BELLINGHAM - P: 360.671.2900 | F: 360.671.2828
- BOTHELL - P: 425.939.2806 | F: 425.939.0732V
- BURLINGTON - P: 360.755.9111 | F: 360.755.1320
- KIRKLAND - P: 425.823.8631 | F: 425.814.4731
- MOUNT VERNON - P: 360.428.2700 | F: 360.428.2701
- REDMOND - P: 425.883.9089 | F: 425.869.1355
- RENTON - P: 425.243.6923 | F: 425.529.9498

\_\_\_\_\_  
PATIENT NAME

\_\_\_\_\_  
DATE OF BIRTH

\_\_\_\_\_  
HOME #

\_\_\_\_\_  
CELL #

**DIAGNOSIS**

**OBGYN/MUSCULOSKELETAL**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Coccydynia       | <input type="checkbox"/> Nerve entrapment         | <input type="checkbox"/> Thoracic pain |
| <input type="checkbox"/> Diastasis recti  | <input type="checkbox"/> Pes planus               | <input type="checkbox"/> Sacral pain   |
| <input type="checkbox"/> Groin/Pubic pain | <input type="checkbox"/> Rib pain                 | <input type="checkbox"/> Weakness      |
| <input type="checkbox"/> Ligament laxity  | <input type="checkbox"/> Sciatica                 | <input type="checkbox"/> Other _____   |
| <input type="checkbox"/> Low back pain    | <input type="checkbox"/> Thoracic outlet syndrome |  |

**PELVIC FLOOR PAIN/TENSION**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Abdominal pain        | <input type="checkbox"/> Menstrual pain/disorders | <input type="checkbox"/> Urinary urgency |
| <input type="checkbox"/> Constipation          | <input type="checkbox"/> Piriformis syndrome      | <input type="checkbox"/> Vulvar pain     |
| <input type="checkbox"/> Dyspareunia           | <input type="checkbox"/> Pudendal neuralgia       | <input type="checkbox"/> Vaginismus      |
| <input type="checkbox"/> Interstitial cystitis | <input type="checkbox"/> Urinary frequency        | <input type="checkbox"/> Other _____     |
| <input type="checkbox"/> Levator ani syndrome  | <input type="checkbox"/> Urinary retention        |  |

**PELVIC FLOOR WEAKNESS**

- |                                     |                                      |   |
|-------------------------------------|--------------------------------------|---|
| <input type="checkbox"/> Cystocele  | <input type="checkbox"/> Rectocele   | <input type="checkbox"/> Uterine prolapse |
| <input type="checkbox"/> Enterocele | <input type="checkbox"/> Urethrocele | <input type="checkbox"/> Other _____      |

**INCONTINENCE**

- |   |  |
|---|--|
| <input type="checkbox"/> Fecal incontinence | <input type="checkbox"/> Stress incontinence |
| <input type="checkbox"/> Mixed incontinence | <input type="checkbox"/> Urge incontinence   |

**POST-SURGICAL CONDITIONS**

- |   |                                      |
|---|--------------------------------------|
| <input type="checkbox"/> Bladder repair   | <input type="checkbox"/> Laparoscopy |
| <input type="checkbox"/> Cesarean section | <input type="checkbox"/> Mastectomy  |
| <input type="checkbox"/> Episiotomy       | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Hysterectomy     |                                      |

**TREATMENT**

- Evaluate and treat as indicated \_\_\_\_\_ times/week for \_\_\_\_\_ weeks
- Other \_\_\_\_\_
- \_\_\_\_\_
- Contraindications \_\_\_\_\_
- \_\_\_\_\_

**PHYSICIAN INFO:**

Provider Signature X \_\_\_\_\_ Date of Referral \_\_\_\_/\_\_\_\_/\_\_\_\_

Provider Name (print) \_\_\_\_\_

Contact Phone # \_\_\_\_\_ Fax # \_\_\_\_\_



## LOCATIONS OFFERING WOMEN'S HEALTH/PELVIC HEALTH

### BELLEVUE

RET Physical Therapy & Healthcare Specialists  
11711 NE 12th St., Ste. 3-A  
P: 425.454.1405 | F: 425.635.9340

### BELLINGHAM

Northwest Physical Therapy  
814 Dupont St.  
P: 360.671.2900 | F: 360.671.2828

### BOTHELL

RET Physical Therapy & Healthcare Specialists  
19110 Bothell Way NE, Ste. 203  
P: (425) 939-2806 | F: (425) 939-0732

### BURLINGTON

Northwest Physical Therapy  
135 W Fairhaven Ave.  
P: (360) 755-9111 | F: (360) 755-1320

### KIRKLAND

RET Physical Therapy & Healthcare Specialists  
12910 Totem Lake Boulevard NE, Ste. 105  
P: 425.823.8631 | F: 425.814.4731

### MOUNT VERNON

Northwest Physical Therapy  
110 N LaVenture Rd, Ste A  
P: 360.428.2700 | F: 360.428.2701

### REDMOND

RET Physical Therapy & Healthcare Specialists  
15600 Redmond Way, Ste. 100  
P: 425.883.9089 | F: 425.869.1355

### RENTON

RET Physical Therapy & Healthcare Specialists  
19400 108th Ave. SE, Ste. 100 (Kent, WA)  
P: 425.243.6923 | F: 425.529.9498