



Locations Offering Pelvic Health:

- BELLEVUE - P: 425.454.1405 | F: 425.635.9340
- BELLINGHAM - P: 360.671.2900 | F: 360.671.2828
- BOTHELL - P: 425.939.2806 | F: 425.939.0732V
- BURLINGTON - P: 360.755.9111 | F: 360.755.1320
- KIRKLAND - P: 425.823.8631 | F: 425.814.4731
- MOUNT VERNON - P: 360.428.2700 | F: 360.428.2701
- REDMOND - P: 425.883.9089 | F: 425.869.1355
- RENTON - P: 425.243.6923 | F: 425.529.9498

PATIENT NAME

DATE OF BIRTH

HOME PHONE

DIAGNOSIS

OBGYN/MUSCULOSKELETAL

- Coccydynia
- Diastasis recti
- Groin/Pubic pain
- Ligament laxity
- Low back pain
- Sciatica
- Sacral pain
- Other _____

PELVIC FLOOR PAIN/TENSION

- Abdominal pain
- Constipation
- Dyspareunia
- Endometriosis
- Interstitial cystitis
- Levator ani syndrome
- Menstrual pain/disorders
- Piriformis syndrome
- Pudendal neuralgia
- Sexual dysfunction
- Testicular pain
- Urinary frequency
- Urinary retention
- Urinary urgency
- Vulvar pain
- Vaginismus
- Other _____

PELVIC FLOOR WEAKNESS

- Cystocele
- Enterocele
- Rectocele
- Urethrocele
- Uterine prolapse
- Other _____

INCONTINENCE

- Fecal incontinence
- Mixed incontinence
- Stress incontinence
- Urge incontinence

POST-SURGICAL CONDITIONS

- Bladder repair
- Cesarean section
- Episiotomy
- Hernia repair
- Hysterectomy
- Laparoscopy
- Mastectomy
- Post-radiation
- Post-prostatectomy
- Other _____

TREATMENT

Evaluate and treat as indicated _____ times/week for _____ weeks

Other _____

Contraindications _____

Physician Signature X _____ Date _____

Physician Name (printed) _____ Phone _____



LOCATIONS OFFERING PELVIC HEALTH

BELLEVUE

RET Physical Therapy & Healthcare Specialists
11711 NE 12th St., Ste. 3-A
P: 425.454.1405 | F: 425.635.9340

BELLINGHAM

Northwest Physical Therapy
814 Dupont St.
P: 360.671.2900 | F: 360.671.2828

BOTHELL

RET Physical Therapy & Healthcare Specialists
19110 Bothell Way NE, Ste. 203
P: (425) 939-2806 | F: (425) 939-0732

BURLINGTON

Northwest Physical Therapy
135 W Fairhaven Ave.
P: (360) 755-9111 | F: (360) 755-1320

KIRKLAND

RET Physical Therapy & Healthcare Specialists
12910 Totem Lake Boulevard NE, Ste. 105
P: 425.823.8631 | F: 425.814.4731

MOUNT VERNON

Northwest Physical Therapy
110 N LaVenture Rd, Ste A
P: 360.428.2700 | F: 360.428.2701

REDMOND

RET Physical Therapy & Healthcare Specialists
15600 Redmond Way, Ste. 100
P: 425.883.9089 | F: 425.869.1355

RENTON

RET Physical Therapy & Healthcare Specialists
19400 108th Ave. SE, Ste. 100 (Kent, WA)
P: 425.243.6923 | F: 425.529.9498