

NUTRITION & WELLNESS REFERRAL

Patient's Full Name: _____ DOB: _____

Gender: Male Female Other: _____ Email: _____

Patient's Phone#: _____ Alternative Phone#: _____

Insurance Plan: _____ Group ID: _____

Surgical Patient? No Post-Surgical Pre-Surgical Date of Surgery: _____

Appointment Preference: In-Person Virtual Visit

InBody Scan: Referral Completed (Please send results)

REFERRAL FOR:

MNT (Medical Nutrition Therapy) - Evaluate & treat per Dietitian discretion

Physical Therapy - Evaluate & treat per Therapist discretion

*Check both boxes if referring for Wellness/Pre-Surgical Program.

Diagnosis: Check all diagnoses that apply to this referral or add your own:

	ICD - 10	ICD - 10 Description
<input type="checkbox"/>	E11.65	Type 2 diabetes with hyperglycemia
<input type="checkbox"/>	E11.8	Type 2 diabetes mellitus with unspecified complications
<input type="checkbox"/>	E28.2	Polycystic ovarian syndrome
<input type="checkbox"/>	E46	Malnutrition
<input type="checkbox"/>	E66.9	Obesity, unspecified
<input type="checkbox"/>	E78.5	Hyperlipidemia, unspecified
<input type="checkbox"/>	E88.81	Metabolic syndrome
<input type="checkbox"/>	I10	Essential (primary) hypertension
<input type="checkbox"/>	K21.9	GERD
<input type="checkbox"/>	R73.01	Impaired fasting glucose
<input type="checkbox"/>	Z68.____	BMI: ____
<input type="checkbox"/>	Z71.3	Nutrition for disease prevention/General healthy diet
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		

Please attach any recent labs available.

Referral Notes: _____

Referring Provider Signature: X _____ Date: _____

Print Provider Name: _____

Provider Phone: _____ Fax: _____ Email: _____

Wellness & Nutrition Services offered in-person at the locations below.
(Virtual Nutrition visits available through any RET clinic: retptgroup.com/locations.)

- AUBURN - Lakeland Hills**
1620 Lake Tapps Parkway E, Ste 115
Auburn, WA 98092
p: 253.939.7179 | f: 253.939.7182
**InBody Scan available here*
- LYNNWOOD**
19217 36th Ave W Ste 102
Lynnwood, WA 98036
p: 425.670.9991 | f: 425.670.9995
- BELLEVUE**
11711 NE 12th Street, Suite 3A
Bellevue WA 98005
p: 425.454.1405 | f: 425.635.9340
- LAKE STEVENS**
Reaction Physical Therapy
925 Frontier Circle E Ste 100
Lake Stevens, WA 98258
p: 425.377.1290 | f: 425.377.1169
**InBody Scan available here*
- BURIEN - Landmark Square**
15500 1st Ave S, Suite 106
Burien, WA 98148
p: 206.258.2549 | f: 206.582.2192
- NORTH BEND**
400 Main Ave S
North Bend, WA 98045
p: 425.888.1156 | f: 425.888.6167
- KIRKLAND**
12910 Totem Lake Blvd NE Ste 105
Kirkland, WA 98034
p: 425.823.8631 | f: 425.814.4731
- PUYALLUP - Meridian**
1707 3rd St SE
Puyallup, WA 98372
p: 253.841.3041 | f: 253.841.3061

Nutrition Info



For appointment questions, call Central Scheduling at 844.708.7982 or one of the clinics above.

For program questions, email our dietitians at Nutrition@retpt.com.